



The Eliot Bank and Gordonbrock Schools Federation



PSHE AND RSE CURRICULUM OVERVIEW

Curriculum Map

Relationships And Sex Education (RSE) Unit of Work

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Mental Health and Emotional Wellbeing: Feelings	Keeping Safe And Managing Risk: Feeling Safe	Drug, Alcohol And Tobacco Education: Medicines and People Who Help Us	Relationships And Sex Education: Growing And Caring For Ourselves	Physical Health And Wellbeing: Fun Times	Careers, Financial Capability And Economic Wellbeing: My Money
Year 2	Physical health and wellbeing: What keeps me healthy?	Mental health and emotional wellbeing: Friendship	Identity, society and equality: Me and others	Relationships and Sex Education: Differences	Keeping safe and managing risk: Indoors and outdoors	Drug, alcohol and tobacco education: Keeping Safe
Year 3	Keeping safe and managing risk: Bullying – see it, say it, stop it	Drug, alcohol and tobacco education: Smoking	Mental health and emotional wellbeing: Strengths and challenges	Relationships and Sex Education: Valuing difference and keeping safe	Identity, society and equality: Celebrating difference	Physical health and wellbeing: What helps me choose?
Year 4	Identity, society and equality: Democracy	Drug, alcohol and tobacco education: Alcohol	Careers, financial capability and economic wellbeing: Saving, spending and budgeting	Relationships and Sex Education: Growing up	Physical health and wellbeing: What is important to me?	Keeping safe and managing risk: Playing safe
Year 5	Physical health and wellbeing: In the media	Identity, society and equality: Stereotypes, discrimination and prejudice (including tackling homophobia)	Relationships and Sex Education: Puberty	Mental health and emotional wellbeing: Dealing with feelings	Drug, alcohol and tobacco education: Legal and illegal drugs	Keeping safe and managing risk: When things go wrong
Year 6	Identity, society and equality: Human rights	Drug, alcohol and tobacco education: Preventing Early Use	Careers, financial capability and economic wellbeing: Borrowing and earning money	Relationships and Sex Education: Puberty, relationships and reproduction	Mental health and emotional wellbeing: Healthy minds	Keeping safe and managing risk: Keeping safe - out and about

