

The Eliot Bank and Gordonbrock Schools Federation



PHYSICAL EDUCATION (PE) CURRICULUM OVERVIEW

Curriculum Map (Gordonbrock)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Outdoor PE - Throwing and catching Indoor PE - Dance	Outdoor PE - Rolling, bowling, bouncing, controlling, passing Indoor PE - Dance	Outdoor PE - Multi-skills Indoor PE - Gymnastics: Travelling, body shape	Outdoor PE - Kicking, skipping Indoor PE - Gymnastics: supporting weight, transferring weight	Indoor PE - Gymnastics: Body weight, supporting body weight Outdoor PE - Athletics	Outdoor PE - Multi-skills Indoor PE - Dance
Year 2	Outdoor PE - Throwing/catching/ rolling Indoor PE - Dance	Outdoor PE - Bouncing /bowling/bouncing Physical health and wellbeing - What keeps me healthy? Indoor PE - Dance	Outdoor PE - Multi-skills Indoor PE - Gymnastics: Travelling/body shape	Outdoor PE - Multi-skills Indoor PE: Gymnastics: Supporting weight/transferring weight	Indoor PE - Gymnastics: Linking movements/partner learning Outdoor PE - Athletics	Outdoor PE - Kicking/skipping Indoor PE - Dance
Year 3	Indoor PE - Dance Outdoor PE - Hockey/Football (Kicking controlling)	Indoor PE - Dance Outdoor PE - Basketball/Netball	Indoor PE - Gymnastics: Body shape/Transfer of body weight (GB) Outdoor PE - Hockey/rugby	Outdoor PE - Basketball/netball(GB) Tennis(EB) Indoor PE - Gymnastics: Supporting weight/receiving body weight (GB)	Outdoor PE - Athletics/rounders Indoor PE - Gymnastics: Balance, springing and landing	Outdoor PE - Tennis Indoor PE - Dance
Year 4	Outdoor PE - Football Indoor PE - Dance	Outdoor PE - Basketball Swimming (2-week intensive course GB)	Outdoor PE - Multiskills/Dodgeball Indoor PE - Gymnastics: Body shape/Supporting Weight	Outdoor PE - Multiskills/Athletics Indoor PE - Gymnastics: Receiving Body weight/ Transfer of body weight	Outdoor PE - Athletics Indoor PE - Gymnastics: Springing and Landing Balance	Outdoor PE - Cricket Indoor PE - Dance

Year 5	Outdoor PE - Netball/Football Indoor PE - Dance	Outdoor PE - Football/Netball (GB) Indoor PE - Dance	Outdoor PE - Tag Rugby Indoor PE - Gymnastics: Partner work/Symmetry	Outdoor PE - Tag Rugby Indoor PE - Gymnastics: Balance/ Partner work	Indoor PE - Gymnastics: Balance/ Partner work Outdoor PE - Athletics/Cricket	Outdoor PE - Cricket/Athletics Indoor PE - Dance
Year 6	Outdoor PE - Athletics Indoor PE - Dance	Outdoor PE - Hockey/Netball Indoor PE - Dance	Outdoor PE - football/rugby Indoor PE - Gymnastics: Partner work/ Symmetry	Outdoor PE - Tennis Indoor PE - Gymnastics - Balance/Partner work	Outdoor PE - Athletics/Tennis Indoor PE - Gymnastics: Balance	Outdoor PE - Cricket/Athletics Indoor PE - Dance