

WEEK 1 MENU

W/C: 31/10 21/11 12/12 02/01
23/01 20/02 13/03

Chartwells
So much more than Fantastic Food



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

AUTUMN/WINTER 2022

Main Dish 1	Macaroni Cheese Served with Peas and Carrots V	Chicken Pie Served with Mashed Potato and Gravy	Roast Turkey Served with Roast Potatoes and Gravy	Vegetarian Bolognese Served with Wholemeal Pasta, Broccoli and Sweetcorn V VE 🌿 🍷	Breaded Fish Fingers Served with Chips, Peas and Beans
Main Dish 2	Vegetarian Sausage Served with Mashed Potato and Gravy V VE 🍷	Cheese and Tomato Pizza with Potato Wedges V	Sweet Potato & Chickpea Roast Served with Roast Potatoes and Gravy V VE 🍷	Chinese Vegetable Rice Served with Fresh Broccoli & Sweetcorn V VE	Vegetable Burger Served with Chips, Peas and Beans V
Schools Choice	Freshly Made Tomato Pasta or Topped Jacket Potato with Tuna Mayo, Cheese, Coleslaw, Beans or Filled Sandwich/Baguette V VE 🌿 🍷 V VE 🍷 V VE				
Vegetables	Carrots and Peas	Sweetcorn and Green Beans	Carrots and Cabbage	Fresh Broccoli and Sweetcorn	Peas and Beans
Salads	Coleslaw, Carrot, Tomato, Cucumber, Lettuce	Noodle Salad, Sweetcorn, Tomato, Cucumber, Lettuce	Cous Cous Salad, Peppers, Tomato, Cucumber, Lettuce	Potato Salad, Carrot, Tomato, Cucumber, Lettuce	Pasta Salad, Sweetcorn, Tomato, Cucumber, Lettuce
Dessert	Organic Yoghurt & Fresh Fruit Slices Berry Flapjack with Fresh Fruit Slices VE 🍏 🍷	Organic Yoghurt & Fresh Fruit Salad Hot Chocolate Sponge with Chocolate Custard	Organic Yoghurt & Fresh Fruit Bowl Cheese and Biscuits with Fresh Apple Slices	Organic Yoghurt & Fresh Fruit Salad Apple Crumble VE 🍏 🍷 with Custard	Organic Yoghurt & Fresh Fruit Slices Chocolate Milkshake with Shortbread



Water, Organic Milk & Freshly Baked Bread available daily
We offer medical diet and allergen support, please speak to your school office in the first instance.
Vegetables & Fruit are subject to seasonal variation. Menu is subject to individual school changes.

V Vegetarian 🐟 Oily fish 🌿 Wholegrain 🍏 Fruity! 🍷 Nutritionist's choice
VE Vegan

